

Put these Emergency Preparedness Essentials at the top of your Christmas List this year.

Stocking Stuffers



What's under your bed?

For your shoes under everyone's bed ...

- Very bright shoelaces
- Whistle
- LED headlamp / Flashlight

Emergency foil blanket (for go bag) \$4.50 at REI

Fire Starters

Can Opener

Light Sticks (emergency light)

Survival candles

Rain poncho

Flashlight / Lantern

For you, for your Family



Emergency Backpack

- 72 hour kit + first aid in a back pack \$99 - \$239
- Go bag for every person

Backpack for GO Bag ... each family member

Other Essentials (one per family)

- Battery or hand crank radio
- USB Drive to store significant documents
- Earthquake Survival Tool (for gas/water shut off) \$6.50
- FRS Radios – WalkieTalkies for every member of family and make sure they take AA batteries - \$20-\$30 on Amazon

For your home



*Essential for your Survival

- Carbon Monoxide Detector(s) \$20-\$30
- Smoke Alarm
- 9V batteries
- Fire Extinguisher

Water Storage - Barrels 55 gallon

- Costco / 8 unit pallet \$729 (split with families)
- Your Safety Place, Dublin \$130
- Case of water for each car
- Water filter as an option

Food / Fuel

- Costco and Shelf Reliance have great selections of emergency food that can cover 14 days to 6 months - Adjust to the size of your family
- Extra propane tank for the BBQ

Consider

- WoundSeal (stops bleeding) for your first aid kit
- Auto first aid kit / emergency kit
- Auto emergency tool
- HAM radio / become certified
- Solar charger / hand crank charger for cell phone